

Health Care: A Career For Life

ATHLETIC THERAPIST

JOB DESCRIPTION

Certified Athletic Therapists are best known for their quick-thinking on-field emergency care of professional and elite athletes. The first to respond when someone gets hurt, they are experts at injury assessment and rehabilitation. It's that same mix of on-site care and active rehabilitation skills that makes Athletic Therapists so effective in treating the musculoskeletal (muscles, bones, and joints) injuries of all Canadians, whether on the field or in the clinic.

Athletic therapists adhere to the Sports Medicine Model of care. They treat a wide range of patients, from kids with concussions to seniors recovering from hip replacement surgery, using various manual therapies, modalities, exercise prescription and even bracing and taping. The treatment varies but the objective doesn't: an Athletic Therapist's goal is to help clients return to their usual activities, whether that means playing competitive sports or walking to the mailbox and back.

Highly trained and versatile, Certified Athletic Therapists can be found in environments such as:

- Private sports medicine and therapy clinics
- Professional sports, such as the NHL, CFL, NBA, MLB
- Elite games, such as the Olympics, Pan Am, Canada Games
- Teaching or research at universities and colleges
- High school, amateur and varsity athletics
- Professional dance companies
- Sales and marketing for performance and rehabilitation brands
- Municipal government and industrial workplaces
- Insurance industry

Certified Athletic Therapists can be recognized by the credential CAT(C).

www.athletictherapy.org

UNIVERSITY OF MANITOBA ~ BACHELOR OF KINESIOLOGY - ATHLETIC THERAPY

The BKin-AT degree program is a four-year program that includes a strong core curriculum. The program is accredited by the Canadian Athletic Therapists Association (CATA) and designed to assist students in acquiring the body of knowledge pertaining to the prevention, immediate care, and rehabilitation of musculoskeletal orthopedic injuries.

Extensive clinical and fieldwork experiences are provided so that students can apply their knowledge and skills in practical settings and meet the practicum requirements for certification. Students will acquire the theoretical knowledge, practical skills, and all the prerequisites necessary to become certified as Athletic Therapists in accordance with the Canadian Athletic Therapists Association (CATA).

The B.Kin. – AT program is designed for students interested in careers in the expanding field of physical activity, health and wellness. In addition to taking core courses in the exercise sciences, students have the flexibility to take additional courses or practicums that

SALARY RANGE

\$29,100 - \$55,100

RECOMMENDED HIGH SCHOOL COURSES

- Math 40S
- English 40S
- Biology 40S

**MB's Healthcare
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www.mhpnetwork.ca



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allow them to design an educational experience best suited to their interests. Students may obtain a variety of fitness-related qualifications and certifications that would complement their career aspirations.

Kinesiology has a broad focus, and includes emerging areas of interest to today's student and employer. It includes chronic disease prevention, physical activity promotion, athletic therapy, personal fitness training, cardiac rehabilitation, sport science, sport management, and corporate and community wellness. Classroom lectures and well-equipped labs balance theory with hands-on learning, and a unique Faculty comprised of active researchers and scholars who teach in the areas where they lead in research. In this way, the program and Faculty will continue to innovate and diversify right alongside the dynamic field of Kinesiology.
http://umanitoba.ca/faculties/kinrec/undergrad/athletic_therapy/index.html

ADMISSION REQUIREMENTS AND INFORMATION ON HOW TO APPLY:

<http://umanitoba.ca/student/admissions/application/programs/kinesiology-application.html>

LINKS TO SITES

Faculty of Kinesiology and Recreation Management

<http://www.umanitoba.ca/faculties/kinrec>

Manitoba Athletic Therapists' Association

<http://www.mata.mb.ca>

Canadian Athletic Therapists Association

<http://www.athletictherapy.org>

CONTACTS

ATHLETIC THERAPY PROGRAM

Jackie Elliott 204-474-9143

114 Frank Kennedy Centre

E-mail: jacqueline.elliott@umanitoba.ca

Fax: 204-474-7634

ONE-ON-ONE TOURS

For on on-site tour of our facilities and an introduction to our undergraduate academic programs, please contact Academic Advisor,

Patti Dickieson

204-474-9748

patti.dickieson@umanitoba.ca

SCHOOLS AND GUIDANCE COUNSELORS

For our program package please contact our General Office at 204-474-9747 or kinrec@cc.umanitoba.ca. For more information please also refer to <http://www.umanitoba.ca/student/admissions/counsellor/>

FACULTY OF KINESIOLOGY AND RECREATION MANAGEMENT

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