

Health Care: A Career For Life

HEALTH CARE AIDE / HOME CARE ATTENDANT

JOB DESCRIPTION

So, what exactly is it that you'll be doing as a Health Care Aide? Well, working under the supervision of a nurse or other health care professional, you'll be providing services to seniors and individuals with medical conditions or developmental disabilities, in their homes, in hospitals, and in continuing care facilities.

Specific duties might vary, but basically you'll assist with bathing, dressing, transferring and assistance with feeding. You may also help clients with therapeutic procedures like exercise, simple wound care, administration of respiratory equipment, as well as medication assistance and reminders. Another responsibility is monitoring behavior changes and ensuring client safety.

Plus there's considerable physical activity involved in helping people to move, bath, dress and perform other daily activities. Good general health, knowledge of body mechanics and proper lifting techniques are required to avoid injury. Your duties as a Health Care Aide may require you to lift items weighing up to 20 kilograms, or be on your feet for long periods of time.

Health Care Aides are employed by clients, private agencies, continuing care facilities, government social service departments and agencies, not-for-profit charitable agencies, home care and family service associations, hospitals.

SALARY RANGE
\$36,000 – \$41,000

RECOMMENDED HIGH SCHOOL COURSES

Grade 12 English
Grade 12 Math
Grade 10, 11 or 12
Science

HEALTH CARE AIDES AND HOME CARE ATTENDANTS PERFORM SOME OR ALL OF THE FOLLOWING DUTIES:

- Answer call signals; supply and empty bed pans; bathe, dress and groom patients; serve meal trays, feed or assist in feeding of patients and assist patients with menu selection; lift, turn or massage patients; shave patients prior to operations; supervise patients' exercise routines, set-up and provide leisure activities for patients, and accompany patients on outside recreational activities; and perform other duties related to patient care;
- Take patients' blood pressure, temperature and pulse; report or record fluid intake and output; observe or monitor patients' status and document patient care on charts; collect specimens such as urine, feces or sputum; administer suppositories, colonic irrigations and enemas and perform other procedures as directed by nursing and hospital staff;
- Transport patients in wheelchair or stretcher for treatment or surgery;
- Carry messages, reports, requisitions and specimens from one department to another ;
- Make beds and maintain patients' rooms ;
- Maintain inventory of supplies;
- May perform maintenance tasks such as assist with the set-up and maintenance of traction equipment, clean or sterilize equipment, maintain and repair equipment, assemble, setup and operate job-related equipment

**MB's Healthcare
Providers Network**
www.mhpnetwork.ca



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WEB LINKS

- Canadian Home Care Assoc. www.cdnhomecare.ca
- National Association for Home Care & Hospice www.nahc.org
- We Care – Home Health Services www.wecare.ca

TRAINING & EDUCATION ROUTES

Notre Dame Campus

www.rrc.ca

Offers at 6 different campuses

204-632-2327

E-mail: register@rrc.mb.ca

Assiniboine Community College

<http://public.assiniboine.net>

204.725.8730

800.862.6307 ex 6228 (toll free)

hhs@assiniboine.net

Université De Saint-Boniface

www.ustboniface.ca

200, avenue de la Cathédrale

Winnipeg (Manitoba) CANADA R2H 0H7

Téléphone : 204-235-4408

University College Of The North

www.ucn.ca

The Pas Campus

Telephone: (204) 627-8500

(866) 627-8500 (Toll Free)

Thompson Campus

Telephone:

Phone: (204) 677-6450

Toll Free: (866) 677-6450

Winnipeg Technical College

Herzing College (Winnipeg)

www.herzing.ca

Health Care Aide

Phone: (204) 775-8175

E-mail: wpg-info@herzing.ca

Academy of Learning

(Winnipeg South, Selkirk, Steinbach, Pine Falls)

www.academyoflearning.com

Robertson College (Winnipeg & Brandon)

www.robertsoncollege.com

Phone: 204-926-8389

Email: info@robertsoncollege.com

More and more high schools are offering Health Care Aide course. Talk to your school councilor if this is available at your high school.

West Kildonan Collegiate

www.7oaks.org

Phone (204) 586-8061

St. James Assiniboia School Division

Tel: 204-888-7951

Email: inquiries@sjsd.net

www.sjsd.net

RB Russell Vocation High School

www.winnipegssd.ca

Phone: 204-589-5301

Email: office@rbrussell.or

Career Development Institute - Business

www.cdicollege.ca

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